



## My Working conditions checklist

Use this checklist to identify your preferred working conditions

### Environment

- Indoors all the time
- Work indoors most of the time
- Outdoors all the time
- Work outdoors most of the time
- One main location or site
- Different locations or sites
- Clean and tidy environment
- I don't mind getting dirty
- I don't mind working in dust
- I don't mind noise

### Travel time

- No travel
- Travel between sites
- Travel between towns
- Travel Interstate
- Overseas travel

### Work Hour

- Regular day time work
- Shift work
- Irregular hours
- Sessional work
- Long hours of work
- Evening work
- Weekend work
- On call
- Flexible hours
- Other pattern (fly in-fly out)
- Working from home



### Work Contract

- Casual
- Part-Time
- Full-Time
- Short Term Contract
- Long Term Contract
- Freelancer with own ABN
- Contractor with own ABN

### Physical Requirements

- Sitting
- Standing
- Working at Heights
- Climbing ladders, scaffolds, elevated platforms
- Walking or running
- Kneeling, Crouching or Crawling
- Lifting
- Using Hands
- Bending
- Making Repetitive Motions
- Common Protective or Safety Attire
- Safety shoes, glasses, gloves, hearing protection, hard hats or life jackets?
- Specialised Protective or Safety Attire
- Breathing apparatus, safety harness, full protection suits or radiation protection?